

## Venetoclax – Patient Instructions for 5 Week Titration Phase

### Week 1: Directions for 20mg venetoclax tablet

Make sure that you have 3 blood forms for blood tests (FBC & TLS screen): on Days 1, 2 & 7, as discussed in detail below

Ensure that you drink at least 1.5 – 2 litres of liquid per day, starting **2 days before** treatment starts (this includes water, tea, coffee, fruit juice, squash, fizzy drinks, milk and any other non-alcoholic drink, but NOT alcohol)

#### Day 1

Take one 20mg venetoclax tablet with breakfast.

6 hours later, get bloods taken at hospital. (you may be at hospital anyway, if intravenous fluids are required)

Contact your haematology nurse to let her know when your bloods have been taken.

Somebody will contact you today, only if the blood results are of concern.

#### Day 2

**Do NOT take a dose of venetoclax this morning.**

As early as possible in the morning (*8 – 8.30am, depending on your local phlebotomy opening time*), go to hospital for another blood test, and again let your haematology nurse know when you have had your bloods taken.

You may go home after the blood test, but wait at home for your haematology doctor or nurse to contact you / telephone you with the results of the blood test. This will usually be about 2 hours later.

If your blood results are good, you will be told to take today's venetoclax 20mg tablet.

#### Day 3 to Day 7

Take one venetoclax 20mg tablet once daily with breakfast.

**On Day 7**, get bloods taken at hospital, and contact your haematology nurse to let her know your bloods have been taken (or you may be booked into the haematology out-patient clinic).

Wait at hospital for the results of the blood test – if blood results are good, then you may collect the next week's supply of venetoclax from pharmacy.

Ensure you are still drinking 1.5 – 2 litres of liquid per day.

## **Week 2: Directions for 50mg venetoclax tablet**

Make sure that you have 3 blood forms for blood tests (FBC & TLS screen): on Days 1, 2 & 7, as discussed in detail below

### **Day 1**

Take one 50mg venetoclax tablet with breakfast.

6 hours later, get bloods taken at hospital. Contact your haematology nurse to let her know when your bloods have been taken. Somebody will contact you today only if the blood results are of concern.

### **Day 2**

**Do NOT take a dose of venetoclax this morning.**

As early as possible in the morning (*8 – 8.30am, depending on your local phlebotomy opening time*), go to hospital for another blood test, and again let your haematology nurse know when you have had your bloods taken.

You may go home, but wait at home for your haematology doctor or nurse to contact you / telephone you with the results of the blood test.

If your blood results are good, you will be told to take today's venetoclax 50mg tablet.

### **Day 3 to Day 7**

Take one venetoclax 50mg tablet once daily with breakfast.

**On Day 7**, get bloods taken at hospital, and contact your haematology nurse to let her know your bloods have been taken (or you may be booked into the haematology out-patient clinic).

Wait at hospital for the results of the blood test – if blood results are good, then you may collect the next week's supply of venetoclax from pharmacy.

Ensure you are still drinking 1.5 – 2 litres of liquid per day.

### **Week 3: Directions for 100mg venetoclax tablet**

(Make sure that you have 1 blood form for blood tests on Day 7)

Take one tablet once daily as directed.

**On Day 7**, get bloods taken at hospital, and contact your haematology nurse to let her know your bloods have been taken (or you may be booked into the haematology out-patient clinic).

Wait at hospital for the results of the blood test – if blood results are good, then you may collect the next week's supply of venetoclax from pharmacy.

Ensure you are still drinking 1.5 – 2 litres of liquid per day.

### **Week 4: Directions for 200mg venetoclax tablet**

(Make sure that you have 1 blood form for blood tests on Day 7)

Take one tablet once daily as directed.

**On Day 7**, get bloods taken at hospital, and contact your haematology nurse to let her know your bloods have been taken (or you may be booked into the haematology out-patient clinic).

Wait at hospital for the results of the blood test – if blood results are good, then you may collect the next week's supply of venetoclax from pharmacy.

Ensure you are still drinking 1.5 – 2 litres of liquid per day.

### **Week 5 onwards: Directions for 400mg venetoclax tablet**

Take one tablet once daily as directed.

Blood tests only required before each 4-weekly clinic appointment now.