

**Patient Agreement to Systemic Therapy: Consent Form**

**BTD**

Patient's details / addressograph:

Male

Female

Special requirements  
(e.g. other language/other communication method)

**Consultant:**

**Name of proposed course of treatment: BTD**

Bendamustine IV infusion on D1 and Day 8, Thalidomide oral once daily continuously, Dexamethasone oral once daily on days 1 and 2, 4 and 5, 8 and 9, 11 and 12 Repeated every 4 weeks for up to 9 cycles

Macmillan/CRUK leaflet given

Thalidomide Information and counselled on pregnancy prevention

NHS patient information about irradiated blood given

**Statement of health professional** (to be filled in by health professional with appropriate knowledge of proposed procedure, as specified in consent policy)

I have discussed what the treatment is likely to involve (including inpatient / outpatient treatment, timing of the treatment, follow-up appointments) and location.

**The intended benefits**

Disease control - the aim is not to cure but to control the disease. The aim is to improve both quality of life and survival

**Significant, unavoidable or frequently occurring risks:**

**Common side-effects:** : low white blood cells (neutropenia) with risk of infection, low red blood cells (anaemia), low platelets with risk of bleeding, hair loss, feeling sick (nausea) and being sick (vomiting), numbness or tingling in hands or feet, constipation, rash, dry skin, tiredness, sleepiness and feeling weak, slower heart rate, dizziness. Infusion reactions related to bendamustine: rash and/or hives.

Side effects related to dexamethasone: irritation of the stomach lining, increased appetite, changes in blood sugar levels, fluid retention, changes in behaviour (mood swings, difficulty sleeping, anxiety or irritability)

**Less common but potentially life threatening side-effects:** severe infection causing organ failure

**Other less common side-effects include:** Bendamustine can change the way your heart functions (change the rhythm); late effects include a very rare chance of a second cancer

Bendamustine depletes a certain type of cell in your blood (T cells) and therefore, if you ever need a blood or blood product transfusion in the future, you will require a special type of transfusion (irradiated). This applies lifelong.

Cancer can increase your risk of developing a blood clot (thrombosis), and having chemotherapy may increase this risk further. Blood thinning medication is used during treatment to reduce this risk. A blood clot may cause pain, redness and swelling in a leg, or breathlessness and chest pain - you must tell your doctor straight away if you have any of these symptoms.

Some chemotherapy drugs can damage women's ovaries and men's sperm, with risk of infertility and early menopause in women. I have warned the patient about the likelihood of:

- early menopause in women       infertility (in men and in women)

Thalidomide can damage the development of a baby in the womb (foetus), leading to the many risks associated with an abnormal pregnancy. Therefore, I have discussed the issues of protected sex. This is an issue for both men and women. The patient has been advised not to become pregnant / not to get a partner pregnant during the period of treatment, and for 12 months (women) / 6 months (men) after treatment has completed.

Any other risks:

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**Clinician Signature**

Signed..... Date .....

Full Name (print) ..... / ..... Job Title.....  
(Forename) (Surname)

**Statement of patient**

**Patient Signature**

Please read this form carefully, which describes the benefits and risks of the proposed treatment. You have the right to change your mind at any time, including after you have signed this form.

**I agree** to undergo BTD treatment. I understand the treatment and am aware of the potential side-effects arising from this treatment.

**I understand** that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate training and experience.

Signed..... Name.....

Date.....

**A witness should sign below if the patient is unable to sign but has indicated his or her consent.**

Signature ..... Date .....

Name (PRINT) .....

**Statement of interpreter** (where appropriate)

I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signed ..... Name (PRINT) ..... Date.....

**Confirmation of consent** (to be completed by the chemotherapy nurse when the patient attends for the first cycle)

On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the treatment to go ahead.

Signed ..... Name (PRINT) ..... Date.....

**Copy accepted by patient: yes/no** (please ring)  
**Copy to be retained in patient's notes**

Reason for Update: N/A	Checked and approved by Consultant: Dr E Grey-Davies
Version: 1	Date: 4.7.17