Name of proposed course of treatment: **R-FC**
Rituximab IV infusion on Day 1 and Day 2 of the first cycle, then on Day 1 only from cycle 2 onwards
Fludarabine oral once daily on days 1-5* and Cyclophosphamide oral once daily on days 1-5*
Repeated every 4 weeks for up to 6 cycles
*number of days might be reduced
Macmillan/CRUK leaflet given □
NHS patient information about irradiated blood given □

Statement of health professional (to be filled in by health professional with appropriate knowledge of proposed procedure, as specified in consent policy)
□ I have discussed what the treatment is likely to involve (including inpatient / outpatient treatment, timing of the treatment, follow-up appointments) and location.

The intended benefits
□ Diseases control – the aim is not to cure but to control or shrink the disease, and to achieve a remission. The aim is to improve both quality of life and survival

Significant, unavoidable or frequently occurring risks:

Common side-effects: low white blood cells (neutropenia) with risk of infection, low red blood cells (anaemia), low platelets with risk of bleeding, hair loss, feeling sick (nausea) and being sick (vomiting), sore mouth and ulcers, loss of appetite, altered bowel habit, especially diarrhoea, irritation of the bladder lining, tiredness and feeling weak.
Infusion reactions related to Rituximab: flu-like symptoms (high temperature, chills, muscle aches, tiredness, dizziness and headache), low blood pressure, flushing and allergic reactions

Less common but potentially life threatening side-effects: Severe infection causing organ failure, prolonged failure of the bone marrow

Other less common side-effects include: Late effects include a very rare chance of a second cancer
□ Fludarabine depletes a certain type of cell in your blood (T cells) and therefore, if you ever need a blood or blood product transfusion in the future, you will require a special type of transfusion (irradiated). This applies lifelong.

Cancer can increase your risk of developing a blood clot (thrombosis), and having chemotherapy may increase this risk further. A blood clot may cause pain, redness and swelling in a leg, or breathlessness and chest pain - you must tell your doctor straight away if you have any of these symptoms.
Some chemotherapy drugs can damage women’s ovaries and men’s sperm, with risk of infertility and early menopause in women. I have warned the patient about the likelihood of:

☐ early menopause in women  ☐ infertility (in men and in women)

Some chemotherapy drugs may damage the development of a baby in the womb (foetus), leading to the many risks associated with an abnormal pregnancy. Therefore, I have discussed the issues of protected sex. This is an issue for both men and women. The patient has been advised not to become pregnant / not to get a partner pregnant during the period of treatment, and for 12 months (women) / 6 months (men) after treatment has completed.

Any other risks:

…………………………………………………………………………………………………………
…………………………………………………………………………………………………………

Clinician Signature
Signed……………………………………………………………………………… Date…………………………

Full Name (print)  / ………………………………………… Job Title……………………………………
(Forename) (Surname)

Statement of patient

Patient Signature
Please read this form carefully, which describes the benefits and risks of the proposed treatment. You have the right to change your mind at any time, including after you have signed this form.

I agree to undergo chemotherapy. I understand the treatment and am aware of the potential side-effects arising from this treatment.

I understand that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate training and experience.

Signed……………………………………………………………………………… Name…………………………
Date……………………………………………………………………………………

A witness should sign below if the patient is unable to sign but has indicated his or her consent.

Signature …………………………………………… Date ……………………………
Name (PRINT) …………………………………………………………………………..

Statement of interpreter  (where appropriate)
I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signed ……………………………………… Name (PRINT) …………………………… Date……

Confirmation of consent  (to be completed by the chemotherapy nurse when the patient attends for the first cycle)
On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the treatment to go ahead.

Signed ……………………………………… Name (PRINT) …………………………… Date……

Copy accepted by patient: yes/no (please ring)
Copy to be retained in patient’s notes