

## GEMCITABINE AND CARBOPLATIN

A treatment option for platinum-sensitive epithelial ovarian, fallopian tube or primary peritoneal cancer at second or subsequent recurrence (*i.e. for 3<sup>rd</sup> or subsequent line use*)

NICE do not approve the use of this regimen at the first recurrence of platinum-sensitive disease (TA 389)

Drug / Dosage:            Gemcitabine 1000mg/m<sup>2</sup>            IV            Day 1 and Day 8  
                                  Carboplatin AUC 4                    IV            Day 1

Carboplatin dose should be calculated using the Calvert Formula:  
 Dose = Target AUC x (25 + GFR)

Cycle 1 may be given using the Cockcroft and Gault formula to predict creatinine clearance if the EDTA is not yet available. When using C&G, a “cap” of 125 ml/min should be used for carboplatin dose calculations.

Carboplatin dose should be re-calculated using the EDTA result for subsequent cycles (do not “cap”). EDTA should only be repeated if there is a 30% change in serum creatinine.

Administration:            Gemcitabine diluted in 250 ml 0.9% sodium chloride and infused over 30 minutes  
                                  *then*  
                                  Carboplatin diluted in 250 ml 5% glucose and infused over 30 - 60 minutes

Frequency:                    3 weekly cycle for 6 cycles

Main Toxicities:            myelosuppression;            erythematous rash;            flu-like syndrome;  
                                  peripheral oedema (mild-moderate & reversible)

Anti- emetics:                Day 1: highly emetogenic;            Day 8: mildly emetogenic

Extravasation:                non-vesicants

Regular                        FBC                            Day 1 and Day 8  
 Investigations:            U&Es                        Day 1  
                                  LFTs                         Day 1  
                                  CA 125                      Day 1  
                                  EDTA                        prior to Cycle 1 (if available – see Comments)

Comments:

For patients who experience a hypersensitivity reaction to carboplatin, see the Alliance Carboplatin Hypersensitivity Guidelines.

If the decision is made to substitute carboplatin with cisplatin, then the locally agreed dose is **cisplatin 70mg/m<sup>2</sup> IV** on Day 1 of each cycle. This should be administered with pre- and post-hydration according to standard locally agreed practice, plus fluid balance / urine monitoring.

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Version: 5	Approved by Lead Chemotherapy Nurse: P Deery
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## Dose Modifications

Haematological  
Toxicity:

### Day 1:

Neutrophils  $< 1.5 \times 10^9/l$   
or  
Platelets  $< 100 \times 10^9/l$

Delay treatment for 1 week. Repeat FBC and, if normal, proceed with treatment\*.

\*Reduce the gemcitabine dose to 75% of the original cycle initiation dose if any of the following have occurred:

- Neutrophils  $< 0.5 \times 10^9/l$  for  $> 5$  days
- Neutrophils  $< 0.1 \times 10^9/l$  for  $> 3$  days
- Febrile neutropenia
- Platelets  $< 25 \times 10^9/l$
- Cycle delay of more than one week due to toxicity

### Day 8:

Neutrophils		Platelets	Gemcitabine
$> 1.5 \times 10^9/l$	and	$\geq 100 \times 10^9/l$	Give full dose
$1.0 - 1.5 \times 10^9/l$	or	$75 - 100 \times 10^9/l$	Give 50% dose
$< 1.0 \times 10^9/l$	or	$< 75 \times 10^9/l$	Omit (do not defer)

Renal Impairment: Carboplatin is contra-indicated if GFR  $< 20$  ml/min.

If CrCl  $< 30$  ml/min, consider gemcitabine dose reduction – clinical decision

GFR (ml/min)	Cisplatin Dose
$\geq 60$	Give 100%
45 – 59	Give 75%
$< 45$	Withhold cisplatin

Hepatic Impairment: If bilirubin  $> 27 \mu\text{mol/L}$ , initiate treatment with gemcitabine  $800\text{mg/m}^2$

References: Pfisterer et al; JCO 2006; 24: 4699 – 4707  
No reference for cisplatin dose, but agreed local practice

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